

### ReGroup – Session 3 “Setting Ground Rules”

Participant Sheet = *Make copies for each person in your New Life Small Group*

**WELCOME:** Emphasize any current church wide or group announcements. (4 minutes)

**WORSHIP:** Pick a song you like from the New Life Sm. Group Worship CD. (4 minutes)

**WATCH:** “Segment One: What Are Ground Rules” (22 minutes)

**TALK:** *PAUSE* the DVD & briefly discuss what ground rules you saw broken in the drama and then click “**resume**” on the DVD. (5 minutes)

**WATCH** the end of segment 1.

**TALK:** Come up with *your group’s* “ground rules.” **The key is that these are things that you all buy into and agree to abide by!** When you’re done, have someone record the final list as “**GROUND RULES FOR OUR SMALL GROUP.**” (25 minutes)

Some suggested areas:

- Participation
- Weekly commitment - Attendance
- Food considerations
- Confidentiality
- Childcare considerations
- Meeting locations
- Involvement with each other beyond meeting nights – Social activities as a group
- Honesty about the group to each other – Bring up dissatisfaction right away!
- Starting and ending times – Being on time – etc.
- No interrupting or carrying on separate conversations
- Leaving well
- Call when can’t come
- Bringing your Bible
- Seeing community and caring as the responsibility of ALL (not just leader)
- Other

#### **GROUND RULES (COVENANT) FOR OUR NEW LIFE SMALL GROUP:**

---

---

---

---

---

---

---

---

---

---

**WATCH:** “Segment Two: How’d It Go?” (1 minute)

**TALK:** As a group, debrief your experience coming up with your ground rules. (10 minutes)

- What went well? What could have gone better?
- Did anyone dominate the discussion? Did anyone not participate?

**WATCH:** “Segment Three: Closing Thoughts” (2 minutes)

**PRAY:** Break down into 2’s or 3’s by gender. Be to be open and real in your sharing and then genuinely pray for each other! (15 minutes)

Next session: **Determining your group’s purpose**