

# **#5 The Power of Confession**

#### **David Lives With His Sin**

<u>Psalm 32 (ESV)</u> Blessed is the one whose transgression is forgiven, whose sin is covered. <sup>2</sup> Blessed is the man against whom the LORD counts no iniquity, and in whose spirit there is no deceit. <sup>3</sup> For when I kept silent, my bones wasted away through my groaning all day long. <sup>4</sup> For day and night your hand was heavy upon me; my strength was dried up as by the heat of summer. Selah <sup>5</sup> I acknowledged my sin to you, and I did not cover my iniquity; I said, "I will confess my transgressions to the LORD," and you forgave the iniquity of my sin Selah. <sup>6</sup> Therefore let everyone who is godly offer prayer to you at a time when you may be found; surely in the rush of great waters, they shall not reach him.

#### **David Confesses His Sin**

Psalm 51 (ESV) To the choirmaster. A Psalm of David, when Nathan the prophet went to him, after he had gone in to Bathsheba. Have mercy on me, O God, according to your steadfast love; according to your abundant mercy blot out my transgressions. <sup>2</sup> Wash me thoroughly from my iniquity, and cleanse me from my sin! <sup>3</sup> For I know my transgressions, and my sin is ever before me. <sup>4</sup> Against you, you only, have I sinned and done what is evil in your sight, so that you may be justified in your words and blameless in your judgment. <sup>5</sup> Behold, I was brought forth in iniquity, and in sin did my mother conceive me. <sup>6</sup> Behold, you delight in truth in the inward being, and you teach me wisdom in the secret heart. <sup>7</sup> Purge me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow. 8 Let me hear joy and gladness; let the bones that you have broken rejoice. 9 Hide your face from my sins, and blot out all my iniquities. 10 Create in me a clean heart, O God, and renew a right spirit within me. 11 Cast me not away from your presence, and take not your Holy Spirit from me. 12 Restore to me the joy of your salvation, and uphold me with a willing spirit. 13 Then I will teach transgressors your ways, and sinners will return to you. 14 Deliver me from blood quiltiness, O God, O God of my salvation, and my tongue will sing aloud of your righteousness. 15 O Lord, open my lips, and my mouth will declare your praise. 16 For you will not delight in sacrifice, or I would give it; you will not be pleased with a burnt offering. 17 The sacrifices of God are a

broken spirit; a broken and contrite heart, O God, you will not despise. <sup>18</sup> Do good to Zion in your good pleasure; build up the walls of Jerusalem; <sup>19</sup> then will you delight in right sacrifices, in burnt offerings and whole burnt offerings; then bulls will be offered on your altar.

### **David Experiences Forgiveness**

<u>Psalm 32:10 (ESV)</u> Many are the sorrows of the wicked, but steadfast love surrounds the one who trusts in the LORD. <sup>11</sup> Be glad in the LORD, and rejoice, O righteous, and shout for joy, all you upright in heart!

### What does the word confess mean? To **OWN** or **ADMIT** as true

# We confess to God for Repentance... We confess to one another for Healing

**Romans 10:9 (ESV)** ...because, if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. <sup>10</sup> For with the heart one believes and is justified, and with the mouth one confesses and is saved.

<u>James 5:16 (ESV)</u> Therefore, confess your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working.

## Spend time with God this week and ask Him these questions:

Where are my heart or beliefs not in line with you, Jesus?
What are the hidden things I need to own?
In what areas of my life do I need to be honest and com- clean (with God and with others)?

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