



PAUL’S SECRET

Philippians 4:10 *I rejoice greatly in the Lord that at last you have renewed your concern for me. Indeed, you have been concerned, but you had no opportunity to show it. ¹¹I am not saying this because I am in need, for I have learned to be content whatever the circumstances. ¹²I know what it is to be in need, and I know what it is to have plenty. **I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. ¹³I can do everything through him who gives me strength. ¹⁴Yet it was good of you to share in my troubles. ¹⁵Moreover, as you Philippians know, in the early days of your acquaintance with the gospel, when I set out from Macedonia, not one church shared with me in the matter of giving and receiving, except you only; ¹⁶for even when I was in Thessalonica, you sent me aid again and again when I was in need. ¹⁷Not that I am looking for a gift, but I am looking for what may be credited to your account. ¹⁸I have received full payment and even more; I am amply supplied, now that I have received from Epaphroditus the gifts you sent. They are a fragrant offering, an acceptable sacrifice, pleasing to God. ¹⁹And my God will meet all your needs according to his glorious riches in Christ Jesus. ²⁰To our God and Father be glory for ever and ever. Amen. ²¹Greet all the saints in Christ Jesus. The brothers who are with me send greetings. ²²All the saints send you greetings, especially those who belong to Caesar’s household. ²³The grace of the Lord Jesus Christ be with your spirit. Amen.***

The Definition of Contentment: Inner **SATISFACTION** that is irrespective of circumstances or material comforts.

Facts about Contentment:

- Contentment means your **JOY** is not dependent upon having pleasant circumstances *vv10-11*
- Contentment can be **LEARNED** *vv11-12*
- Contentment arises from receiving **INNER STRENGTH** *v13*
- Contentment frees you to be mostly concerned for **OTHERS** *vv14-17*
- Contentment empowers you to gratefully receive God’s material **BLESSINGS** *v18*
- Contentment is the result of trusting in God’s sufficient **SUPPLY** *v19*

PAUL’S FOUR-FOLD SECRET TO INNER CONTENTMENT

- 1. Trusting in God’s Sovereignty**
- 2. Relying on God’s Strength**
- 3. Focusing on God’s People**
- 4. Aiming for God’s Glory**

Think Like Jesus

Mindshift! *Others Before Self*
 Mindshift! *Shining Not Whining*
 Mindshift! *Honor Godly Role Models And Seek Them Out*
 Mindshift! *Relationship, Not Religion*
 Mindshift! *Forgetting What Lies Behind*
 Mindshift! *Straining Toward The Prize*
 Mindshift! *Mind Set On Heavenly Things*
 Mindshift! *Agree In The Lord*
 Mindshift! *Turn Worries Into Prayer*
 Mindshift! *Think On These Things*
 Mindshift! *Content With What I Have*
 Mindshift! *Christ Is All I Really Need*

BIBLE READING PLAN

<input type="checkbox"/> Sunday: Psalms 134	<input type="checkbox"/> Thursday: Psalms 138
<input type="checkbox"/> Monday: Psalms 135	<input type="checkbox"/> Friday: Psalms 139
<input type="checkbox"/> Tuesday: Psalms 136	<input type="checkbox"/> Saturday: Psalms 140
<input type="checkbox"/> Wednesday: Psalms 137	<input type="checkbox"/> Sunday: Psalms 141