



The Joy-Producing Virtue

Proverbs 16:32 and 25:28

Self-control stated negatively and positively:

- A man without self-control is like a city broken into and left **WITHOUT WALLS**. *Proverbs 25:28*
- Whoever is slow to anger is better than the mighty, and he who **RULES** his spirit than he who takes a city. *Proverbs 16:32*

Synonyms:

Self-control, *Restraint*, **MASTERY**, *Command*, *Rule*, **DISCIPLINE**

Self-Control is the **HOLY SPIRIT'S** fruit in our lives.

¹⁶But I say, walk by the Spirit, and you will not gratify the desires of the flesh...

²²But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, ²³gentleness, self-control; against such things there is no law. ²⁴And those who belong to Christ Jesus have crucified the flesh with its passions and desires. ²⁵If we live by the Spirit, let us also **KEEP IN STEP** with the Spirit. ²⁶Let us not become conceited, provoking one another, envying one another.

Galatians 5:16, 22-26

More often than not, the self-controlled are on the path to **JOY**.