

An Ascending Life 2

Psalm 120-134

Four Questions For An Ascending Life:

Questions 1 & 2 (last week's focus)

Who is God/Jesus, and what has He done or is He doing?

Questions 3 & 4

Who am I in light of that work?

How should I live in light of who I now am?

Here's How This Works...

- The Psalms of Ascent extol God as our only hope, central joy, and essential source of life. He has worked accordingly in many ways on behalf of His people.
- That being the case,
 - o **WHO AM I** in light of those truths, in Christ?
 - o How should I live in light of who I am in Christ?

Psalm 126:1-3

- God is a **RESTORER** who does great things for His people.
- We are also His people, so...
 - We should ask for His <u>SPECIFIC</u> work in all our needs.
 - o We should be glad and engage in habits of gladness.

Psalm 131:1-3

- God is **WORTHY** of trust and hope
- We are His people, so...
 - we should learn to calm and quiet our souls before Him.
 - o we should **TRUST AND HOPE** in Him.

Three Words (or less) of Identity in Christ
