

#1 God Our Helper and Keeper

Psalm 121

¹*I lift up my eyes to the hills.*

From where does my help come?

²*My help comes from the Lord,
who made heaven and earth.*

³*He will not let your foot be moved;
he who keeps you will not slumber.*

⁴*Behold, he who keeps Israel
will neither slumber nor sleep.*

⁵*The Lord is your keeper;
the Lord is your shade on your right hand.*

⁶*The sun shall not strike you by day,
nor the moon by night.*

⁷*The Lord will keep you from all evil;
he will keep your life.*

⁸*The Lord will keep
your going out and your coming in
from this time forth and forevermore.*

1. THE JOURNEY IS HARD

2. THE JOURNEY IS IN GOD'S HANDS

- A. God is our Helper
- B. God is our Keeper

God has pledged to preserve His true people forever!

E3 APPLICATION:

When the Lord opens up opportunities to talk about Him with our unbelieving friend, let's be careful to convey *this* Helping/Keeping aspect of His character along with His other qualities.

Many people—if they even believe in God—view Him with suspicion. They question His motives. God may want to use YOU to help form a more accurate picture of Him in their minds!