

# ASCENT

THE UPWARD LOOK

## Psalm 120 & 121 (ESV)

**Psalm 119:165** Great peace have those who love your law; nothing can make them stumble.

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**Psalm 120:1-7** A Song of Ascents. In my distress I called to the LORD, and he answered me. <sup>2</sup> Deliver me, O LORD, from lying lips, from a deceitful tongue. <sup>3</sup> What shall be given to you, and what more shall be done to you, you deceitful tongue? <sup>4</sup> A warrior's sharp arrows, with glowing coals of the broom tree! <sup>5</sup> Woe to me, that I sojourn in Meshech, that I dwell among the tents of Kedar! <sup>6</sup> Too long have I had my dwelling among those who hate peace. <sup>7</sup> I am for peace, but when I speak, they are for war.

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**Psalm 121:1-8** A Song of Ascents. I lift up my eyes to the hills. From where does my help come? <sup>2</sup> My help comes from the LORD, who made heaven and earth. <sup>3</sup> He will not let your foot be moved; he who keeps you will not slumber. <sup>4</sup> Behold, he who keeps Israel will neither slumber nor sleep. <sup>5</sup> The LORD is your keeper; the LORD is your shade on your right hand. <sup>6</sup> The sun shall not strike you by day, nor the moon by night. <sup>7</sup> The LORD will keep you from all evil; he will keep your life. <sup>8</sup> The LORD will keep your going out and your coming in from this time forth and forevermore.

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Claude Davis, Campus Pastor, Whitehall  
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