

#4 Weekly Worship

Exodus 20:8-11

Exodus 20:8-11 NIV ⁸“Remember the Sabbath day by keeping it holy. ⁹Six days you shall labor and do all your work, ¹⁰but the seventh day is a sabbath to the Lord your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your animals, nor any foreigner residing in your towns. ¹¹For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy. ...

1. What is WORSHIP?

Ephesians 5:18-20 NIV ¹⁸Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit, ¹⁹**speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord, 20**always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.

Colossians 3:16 NIV ¹⁶Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts.

2. Who is worship FOR?

Psalms 22:3 ESV Yet you are holy, enthroned on the praises of Israel.

Psalms 103:1 NIV Praise the LORD, my soul; **all** my inmost being, praise his holy name.

Isaiah 25:1 NIV LORD, you are my God; **I will exalt you and praise your name, for in perfect faithfulness you have done wonderful things, things planned long ago.**

Psalms 150:6 NIV **Let everything that has breath praise the LORD. Praise the LORD.**

Psalms 63:3-4 NIV ³Because your love is better than life, my lips will glorify you. ⁴I will praise you as long as I live, and in your name I will lift up my hands.

3. So how do we OBEY this command?

#1 - PRIORITIZE weekly gathering with other believers on 1st day of the week

#2 – Look for other opportunities to be a **WORSHIPPER!**

#3 – When you are at worship - **FULLY ENGAGE!**

#4 - Be sure you are building dedicated time into the rhythm of your week for **REST & REFUELING**