

# *Foolproof Your Life #8 (Proverbs)* Sunday, November 13, 2022 Gahanna campus

## WELCOME (15 minutes)

• Ice Breaker: Many of us pick up life-long habits related to anger when we're children, based off of the examples set by our parents. Do you notice any similarities between how you and your family members deal with anger?

### WORSHIP (10 minutes)

• Using your favorite streaming service, sing together "Overcome" by Elevation Worship. Lyrics on the back.

### WIN (15 minutes)

- Use your **PRAYER BOARD** to talk about people you are praying to come to know Jesus as Savior.
- **PRAY** for them and also **PLAN** something fun to do as a group to invite them to.

### WORD (25 minutes)

- 1. Read Proverbs 10:19, and 16:32, along with Matthew 5:21-22. What do you learn about the dangers of anger from these verses?
- 2. Read Proverbs 15:18 & 19:18. How have you seen the destructive power of your own anger? Someone else's?
- 3. Read Proverbs 29:8 & 11 and 30:33. What are ways you have learned to handle anger appropriately either yours or someone else's?
- 4. Read Proverbs 14:29-30, 15:18, and 19:11. List the positive results of being slow to anger.
- 5. Read Proverbs 21:23. What does it look like to guard your mouth and tongue? When are you most tempted to not guard your tongue?
- 6. Other than what's already been said tonight, did you have any other significant personal take-a-ways from Sunday's message?

### WORKS (25 minutes)

• Break down into smaller units of 2 or 3s to pray with each other!

#### "Overcome" by Elevation Worship

Verse 1 Now the darkness fades Into new beginnings As we lift our eyes To a hope beyond All creation waits With an expectation To declare the reign Of the Lord our God

#### Chorus

We will not be moved When the earth gives way For the Risen One has overcome And for every fear There's an empty grave For the Risen One has overcome

#### Verse 2

Now the silence breaks In the name of Jesus As the heavens cry Let the earth respond All creation shouts With a voice of triumph To declare the reign Of the Lord our God

#### Bridge

He shall reign forever Strongholds now surrender For the Lord our God has overcome Who can be against us Jesus our defender He is Lord and he has overcome

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