



Discipleship

**Becoming more like Jesus through
intentional relationships and
leading others to do the same.**

When we become Christians, a new spiritual life is born inside of us. That spiritual life needs care, nourishing, and time to grow. Christians don't instantly mature in their faith! Growth happens through different stages and needs. Use this simple guide to discover how you and those around you can grow in your faith.



newlifechurch

STEP 1: IDENTIFY WHERE YOU ARE ON THE DISCIPLESHIP PATHWAY

The disciple making pathway allows anyone to identify where they are in their faith journey and **move forward**. Every person we encounter, including ourselves, is somewhere on this path:



Identify where you view yourself on this pathway:

- ☐ **CURIOUS**
I am **curious about Jesus** and his message but I don't consider myself a believer.
- ☐ **BELIEVER**
I consider myself a believer but **I don't really know how to grow** in my faith.
- ☐ **DISCIPLE**
I spend time with God on my own and **I'm growing**.
- ☐ **DISCIPLE MAKER**
I am ready to **disciple someone on how to grow their faith**, as I grow too.

STEP 2: PLAN A DISCIPLESHIP MEET-UP

A discipleship meet-up is **when 2-3 people get together** for regular **focused time to promote purposeful movement and growth along the pathway**. (Meet-up length and frequency can vary. Typically meet-ups are 60-90 minutes and will meet weekly, bi-weekly, or monthly.)

When getting together to focus on growth, use your time purposely and effectively. **A helpful and healthy approach** is splitting the meet-up into sections that **helps balance your time** in these three areas:



LOOK BACK Explore Life and Pray Together

Use 20-30 minutes to **share growth progress and challenges** that you have encountered since last meet-up. Talk about how this has impacted everyday life, then **present your prayers to God**.



LOOK UP Explore Truth and Ask Questions

Use 20-30 minutes to **explore God's truth** – read through a passage, walk through a Bible study, or review a book you are reading together. Then **ask each other questions** about what you are learning.



LOOK AHEAD Create Solid Action Steps

Use 20-30 minutes to **identify some growth rhythms** you want to develop or continue to work on. Talk through challenges and write down some **solid action steps** to take before your next meet-up.

MEET-UP SUGGESTIONS & EXAMPLE QUESTIONS



LOOK BACK Explore Life and Pray Together

Use 20-30 minutes to share progress/challenges and pray together.

Example Questions to Ask:

- Has anything significant happened since the last time we met?
- What has God been teaching you lately? (about Himself or about you)
- How have you been able to share your faith?
- Is there anything that has been challenging for you that I can pray about?



LOOK UP Explore Truth and Ask Questions

Use 20-30 minutes to explore God's truth and ask each other questions.

Example Questions to Ask:

- What did you find interesting or challenging?
- What did this show you about God?
- How did this challenge you or impact your daily life?
- What questions do you have?



LOOK AHEAD Create Solid Action Steps

Use 20-30 minutes to identify and write down solid action steps to take.

Example Growth Rhythms to Develop:

- How can I grow in getting alone with God for prayer, Bible study & worship?
- Am I getting together regularly with others for prayer, Bible study & worship?
- How can I get active in obedience to God?
- How can I grow and respond in serving others?
- What relationships can I help grow into discipleship to Jesus?
- What 2-3 growth rhythms need my attention most until our next meet-up?

Find more resources and studies at disciplemakingstages.com



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NEXT STEPS...

KEEP GOING! Discipleship is Life-Long

Becoming more like Jesus is a process as our faith matures. Continue to have discipleship meet-ups using the three areas.

Your discipleship relationships will change over time, but **helping others to grow** in their faith is one of the **best ways** to continue to grow in your own faith!

MULTIPLY! Discipleship Never Ends, it Multiplies

Discipleship does not end. However, after a season, the two of you will start new discipleship relationships with different people. This **act of multiplying** helps more and more people to **follow Jesus** more closely or to follow Him for the very first time!

Use this guide to repeat the process of helping someone to follow Jesus. And as you make disciples, teach them to do the same.

And **Jesus** came and said to them,

"All authority in heaven and on earth has been given to me.

Go therefore and **make disciples** of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, **teaching them to observe all that I have commanded you.**

And behold, I am with you always, to the end of the age."

Matthew 28:18-20 (ESV)